

# THE NORDICS & NORDICS OPEN 2022 - HØRSHOLM / DEN

	Wednesday 26 Jan 2022			Thursday 27 Jan 2022			Friday 28 Jan 2022			Saturday 29 Jan 2022			Sunday 30 Jan 2022		
	Main	Practice	Off-ice	Main	Practice	Off-ice	Main	Practice	Off-ice	Main	Practice	Off-ice	Main	Practice	Off-ice
06:30															
07:00															
07:30															
08:00				NG 08:00			NB 08:00			SW 08:00			SW 07:00		
08:30			S 30' 08:30 *			F 35' * 08:15	JM 08:35		08:15	S 30' 08:30			F 40' 07:40		
09:00							F 35'			*			SM 08:35		
09:30			NB 09:15				NG 09:25			SM 09:15			F 40' *		
10:00			S 30' * 09:15	JW 09:30			F 35'			S 30' *					
10:30			JM 09:45	S 30' * 10:00		HOTEL	*			JW 10:00			10:00		
11:00										F 35' *			SW		
11:30													F		
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- SM Senior Men
- SW Senior Women
- JM Junior Men
- JW Junior Women
- NB Novice Boys
- NG Novice Girls
- S Short Program
- F Free Skating
- Main Main Rink
- Practice Practice Rink
- VC Victory Ceremony
- Ice Resurfacing
- Practice group change
- \* Starting order
- DR Draw
- STO Starting Order
- IJM Initial Judges Meeting
- TPM Technical Panel Meeting
- RTD Round Table Discussion
- TPR Technical Panel Review
- TLM Team Leader Meeting